

# St. David of Wales Episcopal Church

Weekly Newsletter  
March 5, 2017



## St. David's Mission Statement

The people of St. David of Wales are a diverse community coming together in the presence of Christ, worshiping God, nurturing our faith and each other and being an expression of Christ's love to the world.

## Ministers of the Service

### 7:30 AM Service

Lector: Judy Ogden  
Eucharistic Minister: Judy Ogden  
Greeter: Barbara Linzy

### 10:30 AM Service

1<sup>st</sup> Lesson: Heron Guerra  
Psalm: Tamera Ingwaldson  
2<sup>nd</sup> Lesson: Barb Whitener  
Eucharistic Minister: Barb Weza  
Greeters: Mike Callaghan & Barb Whitener

### Sacristy Clean-Up

Nancy Mikel

### Flowers

Elinor Lindquist



If you know of someone needing our prayers, please contact Suzy Petty at, ([thepettys42@yahoo.com](mailto:thepettys42@yahoo.com)).

### A Prayer for Healing

*Gracious and loving God, we give you thanks for your son Jesus Christ in whom you have shared the beauty and pain of human life. We commend to your loving care all who suffer. Give them patience and hope in their distress; strengthen and uphold them in mind, body, and spirit; and grant that all your people be made whole. We pray in the name of Jesus Christ our Lord and in the power of the Holy Spirit. Amen.*

Please keep these folks in your daily thoughts and prayers:

Shawn, Mike and Judy, Betti and Doug, Don, George W, David, Celeste, John and Dorothy, Mickie, Julie, John and Pat, Trevor, Tammy and family, Gary, Kenny, Lloyd & Cathy Vay and family, Ann, Connie, Marcie and Joe.



**13 & 27 March** – Knit and Pray, 1:30 at Alpine Way dining room. All are welcome.

**8, 15, 22, 29 March & 5 April** – Join us for a brown bag lunch at 12 noon and a series of classes called “Living Well” – the dawning of the sunset years.

**9,16, 23,30, March & 6 April** – Compline at 5:30 followed by soup and forum on “Politics and the Pulpit:, Exploring Scripture, History, and our Current Political Climate.

**9 April** – Palm Sunday

### 10-15 April (Holy Week)

Tuesday – Stations of the Cross  
Wednesday – Tenebrae  
Thursday – Maundy Thursday  
Friday – Good Friday  
Saturday – Great Vigil of Easter

**15 April** – Easter Egg Hunt

**2 & 3 June** - St. David's Annual Rummage and Bake Sale: Friday, June 2 (9am-4pm) and Saturday, June 3 (9am-2pm). Start cleaning out those closets and other storage spaces.



## ANNOUNCEMENTS!

### From Father Joe:

AnnaRose Anderson was born into eternal life Thursday, 23 February at about 7:30 a.m. Ann was born October 23, 1927 and gave much of her life to her family and her church. She will be greatly missed by all of her family here at St. David's.

The Celebration of Life for Ann Anderson is scheduled for Friday, March 10 @ 12:30 p.m. The funeral will include coffin, music, communion, a reception following, and joy - so as you are able please plan on helping us celebrating the life of a beautiful soul.

More details will be forthcoming but for now please pray for the repose of her soul and for her family, most of who were gathered at her bedside at the time of her passing.

Father is looking for volunteers to help coordinate the reception planned for the family following the funeral. If this is you, please let him know as soon as you can and thank you for your support.

### From Suzy Petty:

Thank you to all who shared in the ministry of Knit and Pray on Monday. It was a special time to enjoy each other. I will bring yarn next time for those that need it. We meet on the 2nd and 4th Mondays at 1:30 at Alpine Way and hope to see you next time."

Fr. Joe and Suzy Petty are continuing to reach out to Kim at HOST to design a program for St. David's check-in with the children involved in this program."

### From Elinor Lindquist:

The following was written by Judy Ogden for a Sunday Bulletin in 2013 after she installed a new 'Pulpit Fall' that she had just finished creating for the Season of Lent:

*"Lent is a penitential season when we are encouraged to reflect on the basics of our lives and faith in quiet time, study and prayer. To help keep us on track, clergy vestments, church decorations and hangings become less opulent. Rich tapestries and golden treads are carefully stored until the Great Vigil of Easter. The vestments worn and the church hangings used, tend to be humble in nature and crafted of very basic cloth and threads. Our new pulpit fall was created with all this in mind and made from unbleached muslin (on the back) and dishcloth cotton yarn. Purple is the color for the Lenten season and also the most common color of amethyst. The main inspiration came from an amethyst geode which, at first glance, looks like a dirty brown rock with a roundish, oval shape. When sliced in half the beautiful layers of color are revealed. That circular beauty brought to mind the labyrinth, an aid to meditation popular in church yards and wellness centers. May you be soothed and strengthened as you brush off the dirt and make your spiritual walk through the beauty and simplicity of Lent."*

During this week, we will be hanging this same Pulpit Fall as Lent begins.



## The Vicar's Vacuous Vapors



### WELCOME TO THE SEASON OF LENT

Have you ever counted the number of times you have experienced the Season of Lent? Too often the old adage: 'familiarity breeds contempt' can creep into our language, our thoughts and our heart - 'been there, done that'. What then happens is that we are left with a lost opportunity. Rather, might it not be spiritual helpful to seize the opportunity Lent offers. Engaging Lent as truly an opportunity for a shift in our spiritual lives is not always for the faint of heart. Looking forward and imagining the day of Easter arriving with the hard work of Lent behind you can be quite amazing. What is that hard work? It includes, as the Prayer Book reminds us, a call to:

- Self-examination
- Repentance
- Prayer
- Fasting
- Self-denial
- Reading of Scripture, and
- Meditating on Scripture

May I offer two particular challenges for this Season of Lent to consider and perhaps accept:

1. Restraint of Speech, and
2. Absence of Noise

### Restraint of Speech:

Small talk, idle chatter and bad, even inappropriate jokes should be ban completely for the brave soul willing to accept this discipline. ‘Hold your tongue’ comes to mind as a useful admonition when confronted with our need to bite back. When words, unexpressed, are held in check, self-examination may emerge. Self-examination that asks the nature of our character deep inside that wants to unleash a response. We, then, come face-to-face with another opportunity - the opportunity to change.

### Absence of Noise:

Have you ever stood back and noticed the unbridled chatter in the back of the church prior to Sunday worship. Just stop, listen and notice how busy we are catching up, sharing, imparting our wisdom and necessary messages. What would it look like if we choose not talk before church leaving all that ‘stuff’ to the time at refreshment time after church? The silence would be deafening! Yet once we embark on this shift it may have a ‘carry-over’ effect to other parts of our lives where constant chatter gives way to listening, quiet and a deeper appreciation of life itself.

Welcome to Lent, may it be something special as we seize this opportunity.

Pax,  
Fr. Joe



## “St. David’s Day” Last Sunday



The theme of our hospitality hour was:

### A Welch Tea

Judy Callaghan led the charge to make this a special day for all members of the congregation. She came up with the idea of a ‘Welch Tea’ and decorating the tables with tea pots and cups. So sweet!

Marian Eveleth brought cookies and made wonderful little Welch cakes. They were a real treat with Judy’s homemade jam.

I added some little finger sandwiches and we were ready for a real feast.

The service and the reception were well attended and it was nice to see so many of “our family” there together.

Thanks to all who helped to make this a special day of remembrance for our patron saint, David of Wales.



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